

SPINNING

ALL FITNESS LEVELS ARE WELCOME

MONDAYS

7:00 am - 8:00 am w/Laura beginning 10/14/24

WEDNESDAYS

7:00 am - 8:00 am w/L aura beginning 10/14/24

FRIDAYS

7:00 am - 8:00 am w/L aura beginning 10/14/24



sportsplex

Please contact us to reserve your space in advance
989.731.3546. Visit our website www.ocsportsplex.com

Instructor Lead Fitness Aquafit, Spin, Yoga, Bootcamp

	Drop in OTSEGO	Drop in Non-Resident	10 visits OTSEGO	10 visits Non-Resident
Adult	7	9	56	72
Senior/Vet	6	8	48	64

Instructor Lead Fitness Unlimited Aquafit, Spin, Yoga and Bootcamp

	OTSEGO	Non-Resident
Adult 30-day unlimited	100	125
Senior/Veteran 30-day unlimited	85	105