## **SPINNING** ALL FITNESS LEVELS ARE WELCOME

## MONDAYS

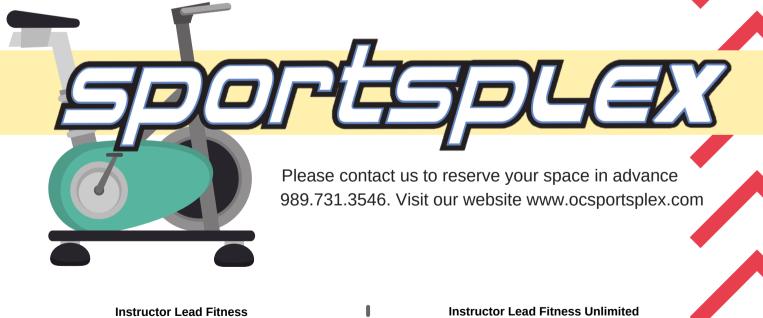
7:00 am - 8:00 am w/Laura beginning 10/14/24

WEDNESDAYS

7:00 am - 8:00 am w/L aura beginning 10/14/24

FRIDAYS

7:00 am - 8:00 am w/L aura beginning 10/14/24



Aquafit, Spin, Yoga, Bootcamp

Drop in

9

8

10 visits

56

48

OTSEGO Non-Resident OTSEGO Non-Resident

10 visits

72

64

Drop in

7

6

Adult

Senior/Vet

Aquafit, Spin, Yoga and Bootcamp

	OTSEGO	Non-Resident
Adult 30-day unlimited	100	125
Senior/Veteran 30-day unlimited	85	105