

SPINNING

STARTING OCTOBER 4, 2021 THRU MAY 2022

MONDAYS

7:00 am - 8:00 am w/Laura

WEDNESDAYS

7:00 am - 8:00 am w/Laura

5:45 pm - 6:45 pm w/Linda

FRIDAYS

7:00 am - 8:00 am w/Laura

5:45 pm - 6:45 pm SPIN/BOOTCAMP w/Linda

SATURDAYS

9:00am-10:00am SPIN w/Linda

(10:00am-11:00am YOGA)

DROP IN VISIT \$5 * 10 VISIT PUNCH CARD \$40
30 DAY UNLIMITED PASS \$75 (CAN BE USED FOR SPIN/YOGA/BOOTCAMP)

Classes are currently limited.

Please contact us to reserve your space in advance
989.731.3546. Visit our website www.ocsportsplex.com



SPORTSPLEX